SEASONAL CHECKLISTS

READY WHEN IT MATTERS · FREE PRINTABLE

Add these to your supplies before winter and summer, and go through the twice-yearly checks when the clocks change.

Winter extras

- ☐ Warm sleeping bags and extra blankets
- ☐ Hot-water bottles with covers (never boiling water, and not for babies)
- ☐ Thermal underwear, hats, gloves and thick socks
- ☐ Flasks for hot drinks
- ☐ Draught excluders and foam lagging for pipes
- ☐ Snow shovel and rock salt or grit
- ☐ Carbon monoxide alarm with a good battery

Summer and heatwave extras

- ☐ Extra drinking water
- ☐ Battery-powered or hand fans
- ☐ Spray bottle for a cooling mist
- ☐ Sun cream, sun hats and sunglasses
- ☐ Light-coloured curtains or blinds for sunny windows
- ☐ Cool bags and freezer blocks

Twice a year

- ☐ Check dates on food, water and medicines
- ☐ Replace stored tap water
- ☐ Test torches, radio and batteries
- ☐ Recharge power banks
- ☐ Update phone numbers and household plan
- ☐ Check grab bags and car kit
- ☐ Practise your plan with the household

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