GRAB BAG AND CAR KIT

READY WHEN IT MATTERS · FREE PRINTABLE

A grab bag holds what each person needs if you have to leave home quickly. Keep it packed, near the door, and check it twice a year.

Grab bag (one per person)

- ☐ 1 to 2 litres of water and high-energy snacks
- ☐ Torch, spare batteries and small radio
- ☐ Phone charger and charged power bank
- ☐ Small first aid kit and a week of medicines
- ☐ Copies of documents and contact list
- ☐ Cash in small notes and coins
- ☐ Warm clothes, waterproof jacket, hat, spare socks
- ☐ Toiletries, hand sanitiser, wet wipes
- ☐ Foil blanket and light sleeping bag
- ☐ Spare glasses, spare keys
- ☐ Notebook and pen
- ☐ Children: comfort toy, snacks, nappies, formula
- ☐ Pets: food, lead, carrier, records

Car kit

- ☐ Fuel tank at least half full (or battery charged)
- ☐ Blankets and warm clothes
- ☐ Water and snacks
- ☐ Torch and spare batteries
- ☐ Phone charger
- ☐ First aid kit
- ☐ Ice scraper, de-icer and a shovel in winter
- ☐ Jump leads and tow rope
- ☐ Warning triangle and high-visibility vest
- ☐ Road map

Before you leave home

- ☐ Grab bags, medicines, glasses and chargers
- ☐ Phones, cash, keys and documents
- ☐ Pets, their carriers and food
- ☐ Turn off gas, electricity and water if told to
- ☐ Close and lock windows and doors
- ☐ Leave a note saying where you have gone
- ☐ Tell your contact person where you are going

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