MEDICAL INFORMATION

READY WHEN IT MATTERS · EUROPEAN EDITION · FREE PRINTABLE

In an emergency, paramedics and doctors need to know about conditions, medicines and allergies straight away. Fill in a section for each person, keep it up to date, and keep a copy in each grab bag. Print more copies for larger households.

Person 1

Name

Date of birth

Health insurance number

Doctor and phone

Health conditions

Medicines and doses

Medicines and doses

Allergies

Blood group (if known)

Equipment or special needs

Next of kin and phone

Other information for paramedics

Person 2

Name

Date of birth

Health insurance number

Doctor and phone

Health conditions

Medicines and doses

Medicines and doses

Allergies

Blood group (if known)

Equipment or special needs

Next of kin and phone

Other information for paramedics

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