FOR CHILDREN

READY WHEN IT MATTERS · EUROPEAN EDITION · FREE PRINTABLE

For grown-ups and children to fill in together. Cut out the card for the school bag, and practise the "What to do" list like a game.

MY EMERGENCY CARD

My name

My address

Mum, Dad or carer

Phone number

Another grown-up I can call

Their phone number

Our meeting place near home

Our meeting place further away

Things I need (medicine, allergies)

In an emergency call 112

My grab bag

- [ ] A bottle of water and a snack
- [ ] A small torch
- [ ] A change of clothes, warm jumper, hat and spare socks
- [ ] Toothbrush and a small towel
- [ ] A comfort toy or blanket
- [ ] A book, cards or a small game
- [ ] Pencil and paper
- [ ] My emergency card

What to do

1. If there is a fire, get out fast and shout "FIRE!". Do not hide.
2. If someone is hurt and no grown-up is there, call 112 and say where you are.
3. If you hear a loud alarm on a phone, or a siren, go inside and find a grown-up.
4. If you get lost, stay where you are or go to a shop or police officer and say who you are.
5. Never touch strange objects, wires on the ground, or anything that looks broken or burnt.
6. Stay away from flood water, even if it looks shallow.
7. It is OK to feel scared. Tell a grown-up how you feel.

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